ANSWER KEY WITH EXPLANATIONS

Food and Nutrition Quiz Vocabulary Test

English Vocabulary Tests · 13 questions · Online test and questions PDF:
https://englishtestsonline.com/food-and-nutrition-quiz-vocabulary-test/

1	**B**	2	**C**	3	**E**	4	**B**	5	**A**	6	**C**	7	**D**	8	**B**	9	**D**	10	**E**
11	**C**	12	**A**	13	**D**														

Explanations

1. One of the following does not belong to this food group:
✔ **B) beef**
A **banana**, a **peach**, a **nectarine** and a **prune** (a dried plum) are all fruits. **Beef** is meat from a cow, so it does not belong.

2. The food group in question 1 is:
✔ **C) Fruit Group**
Banana, peach, nectarine and prune are all fruits, so the group is the **Fruit Group**.

3. What food doesn't belong to this food group?
✔ **E) kiwi**
Chicken, **steak**, **lamb** and **crab** are meat or seafood. A **kiwi** is a small green fruit, so it does not belong.

4. The food group in question 3 is:
✔ **B) Meat, Poultry, Fish, Beans, Eggs, and Nuts Group**
Chicken is poultry, steak and lamb are meat, and crab is seafood. They all belong to the **Meat, Poultry, Fish, Beans, Eggs, and Nuts Group**.

5. What food doesn't belong to this food group?
✔ **A) apricot**
Squash, **zucchini**, **potato** and **broccoli** are vegetables. An **apricot** is a small orange fruit, so it does not belong.

6. The food group in question 5 is:
✔ **C) Vegetable Group**
Squash, zucchini, potato and broccoli are all vegetables, so the group is the **Vegetable Group**.

7. What food doesn't belong to this food group?
✔ **D) salad dressing**
Chocolate milk, **cream cheese**, **ice cream** and **yogurt** are all made from milk. **Salad dressing** is a sauce made mostly with oil, so it does not belong.

8. The food group in question 7 is:
✔ **B) Dairy Group**
Foods made from milk belong to the **Dairy Group** (also called the Milk, Yogurt, and Cheese Group).

9. What food doesn't belong to this food group?
✔ **D) cherries**
Cookies and **candy** are sweets, and **salad dressing** and **butter** are fats or oils. **Cherries** are fruit, so they do not belong.

10. The food group in question 9 is:
✔ **E) Fats, Oils and Sweets Group**
Cookies, candy, salad dressing and butter have a lot of sugar or fat, so they are in the **Fats, Oils and Sweets Group**.

11. What food doesn't belong to this food group?
✔ **C) scallion**
Noodles, **crackers**, **macaroni** and **couscous** are made from grain (wheat). A **scallion** is a green onion, which is a vegetable, so it does not belong.

12. The food group in question 11 is:
✔ **A) Bread, Cereal, Rice and Pasta Group**
Noodles, crackers, macaroni and couscous are made from grain, so they are in the **Bread, Cereal, Rice and Pasta Group**.

13. Which of the following beverages has no fat, sugar, or oils?
✔ **D) unsweetened iced tea**
Unsweetened means with no sugar added, so **unsweetened iced tea** has no fat, sugar or oil. Milk and coffee with cream have fat. Root beer and lemonade have sugar.

Practise more on englishtestsonline.com
Take this test online, download its questions PDF, and find thousands of free English tests:
englishtestsonline.com · scan the code for this test

englishtestsonline.com