ENGLISH VOCABULARY TESTS

Sleep Vocabulary in English Quiz: Fall Asleep, Nap, Insomnia

15 questions · Choose the correct answer. Online test and answer key with explanations:
https://englishtestsonline.com/sleep-vocabulary-in-english-quiz-fall-asleep-nap-insomnia/

Name: _____ Date: _____ Score: _____ / 15

1. After a big lunch my eyes start to close. I always feel ___.
A) sleepy **B)** awake
C) sleeping **D)** asleep

2. He opened his mouth wide and ___. The meeting was so boring!
A) sneezed **B)** yawned
C) snored **D)** coughed

3. I ___ for 6.30 because my train is at 7.15.
A) put the alarm **B)** made the alarm
C) set the alarm **D)** did the alarm

4. The film was so boring that I ___ after ten minutes.
A) fell sleep **B)** fell sleeping
C) felt asleep **D)** fell asleep

5. Don't worry, the noise won't wake him. He's ___ asleep.
A) fast **B)** quick **C)** very **D)** hard

6. My dad ___ so loudly at night that we can hear him in the next room.
A) yawns **B)** snores **C)** dreams **D)** naps

7. Any small noise wakes me up. I'm a ___ sleeper.
A) heavy **B)** deep **C)** light **D)** fast

8. I had a terrible ___ about a big black dog, and I woke up afraid.
A) nap **B)** lie-in
C) insomnia **D)** nightmare

9. It was 3 a.m., but I wasn't sleepy at all. I was ___.
A) wide awake **B)** fast asleep
C) a light sleeper **D)** dizzy

10. She hasn't slept well for months. The doctor says she has ___.
A) a nightmare **B)** insomnia
C) a nap **D)** a lie-in

11. I'm tired. I'm going to ___ on the sofa for twenty minutes.
A) have a lie-in **B)** stay up
C) have a nap **D)** fall awake

12. It's Sunday, so I'm going to stay in bed and ___ until eleven.
A) stay up **B)** set the alarm
C) have a nap **D)** have a lie-in

13. We ___ until 2 a.m. talking about the old days.
A) stayed up **B)** got up
C) fell asleep **D)** had a lie-in

14. Which sentence is right?
A) Did you sleep good? **B)** Did you sleep well?
C) Did you good sleep? **D)** Did you sleep nice?

15. Shh! Don't wake the ___ baby.
A) asleep **B)** fast asleep
C) sleeping **D)** wide awake

Finished? Check your answers online
Get your score with instant feedback, and download the **answer key with explanations**, on the test page:
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