THEMATIC VOCABULARY TESTS

Vocabulary Test About DIET Choose The Correct Answer MCQ Exercise 79

8 questions · Choose the correct answer. Online test and answer key with explanations:
https://englishtestsonline.com/vocabulary-test-about-diet-choose-the-correct-answer-mcq-exercise-79/

Name: _____ Date: _____ Score: _____ / 8

1. There's an old saying, "It's the double gins that cause the _____."
A) crossed eyes **B)** double chins
C) flat feet **D)** knock knees

2. Exercise tends to _____ the effects of old age.
A) offset **B)** run down
C) set back **D)** waylay

3. A diet high in carbohydrates contains little of the _____ material needed to build up tissue.
A) calorific **B)** digestible
C) nourishing **D)** sustaining

4. He will have to go on a diet because he is worried that he is _____.
A) buxom **B)** chubby **C)** robust **D)** strong

5. I think you'll find that the inconvenience of the diet is _____ by the benefits.
A) outranked **B)** outweighed
C) overbalanced **D)** overthrown

6. When there is excessive obesity, patients are sometimes put on a _____ diet which enables them to lose weight extremely quickly.
A) balanced **B)** crash
C) light **D)** slim

7. _____ your food will give you indigestion.
A) Bolting **B)** Cramming
C) Gorging **D)** Munching

8. When dieting, eat only to satisfy your hunger _____, not to gratify your desire to eat.
A) aches **B)** pangs **C)** spasms **D)** twinges

Finished? Check your answers online

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